



Safety Tips

The National Archery in the Schools Program (NASP) is very safe because trained instructors and coaches follow very specific safety rules.

Rules listed below are from NASP Curriculum.

1. Always listen to the archery range instructor.
2. Always inspect equipment for cracks or damage.
3. Observe courtesy and sportsmanship ideals.
4. Only approach the shooting line after hearing 2 whistle blasts.
5. Keep your arrows in your quiver until a whistle is blown one time to load your bows and begin shooting.
6. Your arrows should always be pointed downrange while loading the bow.
7. Shoot only at the target directly in front of you.
8. Always look downrange and beyond the target to be sure that there are no obstructions and the range is clear beyond the targets.
9. Shoot with one foot on each side of the shooting line.
10. Stop shooting immediately and set your bow down if there are five or more whistle blasts.
11. Only approach the target after hearing 3 whistle and hearing the command to walk to the targets.
12. Always carry arrows with one hand on the points and the other hand placed around the shafts just below the fletching.



NASP Range Rules:

1. **Know** and **obey** all range commands and instructors.
2. **Always** keep your **arrows in your quivers** until told to shoot with the "one whistle" command.
3. **Only** use the arrows your instructor gave you. Remember what they look like.
4. **Always** keep your arrows pointed down to the floor or at the target.
5. **Only** aim and shoot at your target **downrange**.
6. If you drop an arrow, **leave it on the ground** until you are told to retrieve all your arrows.
7. **Always** **walk** on the archery range.
8. **Always** be courteous to the shooter next to you.
9. **Stand** behind the waiting line when you are finished or not shooting.
10. **Only** one archer may **retrieve** their arrows from the target at a time.
11. **Be sure** no one is behind you when re moving your arrows.
12. **Walk back** to the waiting line and return your arrows to your quivers after retrieving them.
13. **SAFETY IS ALWAYS FIRST PRIORITY!**





Whistle Signals for Archery Safety

2 whistle blasts:

Walk from the waiting line and get a bow. Walk to the shooting line.

1 whistle blast:

Remove an arrow from the quiver/stand and shoot.

3 whistle blasts:

Go get arrows

5 or more whistle blasts:

An emergency has occurred on the range. Stop what you are doing, put arrows in quiver/stand and return bow to rack. Stand behind the waiting line.

